



SFT3.1 Treadmill

Simple, supportive and ready to roll for your walk, jog or run.



BLUETOOTH® APP CONNECTIVITY

Connect to popular training apps like JRNY®, Peloton®, Kinomap®, and Zwift® through your smart device for a more engaging cardio experience.

COMPACT, FOLDABLE DESIGN

Designed with small spaces in mind, the SoftDrop™ system makes folding and storage smooth, safe, and effortless.

EASY-TO-USE CONSOLE

Stay up to speed on key metrics with a simple 3-window LED display and five built-in workout programs.

ADDITIONAL FEATURES

- Three LED Windows
- Speeds up to 16 km/h / 10 mph
- Two Manual Incline Levels
- Five Built-In Workout Programs
- High-Efficiency, Brushless DC Drive System
- Compact Folding Frame
- Tablet Holder
- Heart Rate Hand Grips
- Energy Saver Mode

SFT3.1 TREADMILL



Heart Rate Hand Grips



Two Manual Incline Levels



Folding Frame



Three LED Windows

PRODUCT DETAILS

ASSEMBLED DIMENSIONS (L X W X H):

162.2 x 77.3 x 139.2 cm /
63.9" x 30.4" x 54.8"

STOWED DIMENSIONS (L X W X H):

103.9 x 77.3 x 142.8 cm /
40.9" x 30.4" x 56.2"

ASSEMBLED PRODUCT WEIGHT

52.4 kg / 115 lbs.

MAXIMUM USER WEIGHT

113 kg / 250 lbs.

Run Your Way

Bluetooth FTMS gives you the flexibility to ride with almost any fitness app, all while keeping you connected to the metrics that matter!



Try a JRNY Mobile-Only Membership free for 2 months!



¹ Separate subscriptions required for fitness apps.

² Offer limited to new JRNY members and subject to change without notice. JRNY® membership auto renews annually at then-current annual rates, plus applicable taxes, unless canceled at least 48 hours before free period ends. Access to third-party fitness apps (such as Peloton®, Zwift®, and Kinomap®) may vary by region and is not guaranteed in all countries.

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