



SCHWINN

AD6i Airdyne® Bike

Control Your Workout Intensity



MACHINE FEATURES

- » Progressive Wind Resistance
- » LCD Display
- » Interval Training
- » Adjustable Foot Straps
- » Stationary Foot Rest Pegs
- » Quiet, Frictionless Fan
- » Built-In Bottle Holder
- » Transport Wheels

WHAT IS THE AD6i?

Quiet Operation

Single-stage belt drive keeps the bike running quietly.

Infinite Resistance

Progressive wind resistance system offers infinite levels of challenge.

Interval Training

Simple-to-use LCD console with speed, distance, time, calories and RevMeter™ RMP gauge offers interval training.

Versatile Pedals

Self-balancing foot pedals with foot straps and stationary foot rest pegs for isolating upper body exercises.

WHY AD6i?

Perimeter Weighted Fan

Optimized fan for easy start up and a smooth ride.

Single-Stage Belt Drive

Provides efficient power transfer, low maintenance, and infinite levels of challenge.

Versatility

Multi-position hand grips and adjustable seat offers a variety of workout options.

Program Choices

Interval programs, target programs and heart rate level indicators for fat burn, aerobic and anaerobic training.

TECHNOLOGY

- » Infinite Levels of Resistance
- » Single-Stage Belt Drive
- » RevMeter™ RPM Gauge
- » Telemetric Heart Rate Enabled

MACHINE SPECS**Dimensions**

1263 mm L x 652 mm W x 1292 mm H

Maximum User Weight

136 kg.

Assembled Product Weight

52 kg.

Power Requirements

2 AA Batteries (not included)

